

**For Immediate Release**  
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**Institute for Challenging Disorganization (ICD<sup>®</sup>) offers free introductory classes to non-subscribers and reduces annual dues to subscribers**

*ICD provides an online community and education for professional organizers and other related professionals in the field of chronic disorganization*

(Larchmont, N.Y., May 11, 2020) The Institute for Challenging Disorganization (ICD<sup>®</sup>) is responding to the COVID-19 pandemic by providing free online introductory education to professional organizers, productivity specialists, social workers, mental health therapists and other related professionals who work with individuals affected by chronic disorganization. Effective immediately, the organization is also reducing subscriber dues and issuing refund checks.

“During this time of physical distancing, professional organizers are unable to work onsite with clients. By offering free introductory classes to non-subscribers and reducing subscriber fees, ICD<sup>®</sup> is providing a means for professional organizers and other related professionals to invest this downtime into online education and professional development,” says Alison, Lush, ICD<sup>®</sup> President.

To be eligible for this offer, individuals must be a professional organizer or related professional as listed above, be referred by an ICD<sup>®</sup> subscriber, or be a member of an affiliate organization such as NAPO (National Association of Productivity and Organizing Professionals), NASMM (National Association of Senior Move Managers), POC (Professional Organizers in Canada), APDO (Association of Professional Declutterers and Organisers), APOI (Associazione Professional Organizers Italia), NBPO (Nederlands Beroepsvereniging van Professional Organizers) or JALO (Japanese Association of Life Organizers).

**Free course offerings available at [challengingdisorganization.org/free-classes-for-professional-organizers](https://challengingdisorganization.org/free-classes-for-professional-organizers) include:**

**Introductory Classes**

- CD-100 Introduction to Chronic Disorganization
- HRD-100 Introduction to Hoarding Behavior
- ADHD-100 Introduction to ADHD
- AGE-100 Understanding Health Issues and Conditions of the Aging Client Affected by Chronic Disorganization

-more-

## ICD<sup>®</sup>-Add 1

### Pandemic Series

- COVID-19 Strategies for Professional Organizers
- MGMT-680 Virtual Organizing and Clients Affected by Chronic Disorganization
- TMP-350 Managing Productivity During the Pandemic
- MGMT-685 Pandemic Surprises and Strategies

**In addition, these free pandemic-related fact sheets are also available at [challengingdisorganization.org](http://challengingdisorganization.org), along with other ICD<sup>®</sup> fact sheets:**

- Self-Care During a Pandemic
- Self-Reliance Strategies During a Pandemic
- Supporting Others During a Pandemic
- Working at Home Modifications During a Pandemic

ICD<sup>®</sup> hopes that by offering introductory classes professional organizers will be better equipped to serve their clients.

Chronic disorganization persists over a long period of time, frequently undermines quality of life and occurs despite repeated self-help attempts. ICD<sup>®</sup> recognizes the brain plays a large role in an individual's ability to be organized, and maintain organization and productivity systems. To address brain-based challenges, such as ADHD, anxiety, depression, hoarding disorder, post-traumatic stress disorder and traumatic brain injury, ICD<sup>®</sup> provides education from professionals in the medical, educational and neuroscience communities. The training and resources provided to subscribers make them better equipped to help clients affected by chronic disorganization.

**For more information, call 1-800-674-7818 or visit [challengingdisorganization.org](http://challengingdisorganization.org).**

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ICD<sup>®</sup> is a global organization with subscribers from 11 countries. Its mission is to provide education, research and strategies to benefit people challenged by chronic disorganization. Educational offerings are comprised of approximately 40 live classes during the year and an extensive collection of more than 200 classes available to Premium Subscribers. ICD offers education at multiple levels, from certificates to Master Trainer. ICD<sup>®</sup> certification as a Certified Professional Organizer in Chronic Disorganization (CPO-CD<sup>®</sup>) is one of two leading industry certifications.