

**Institute for Challenging Disorganization**  
Program Ad Dimensions

Full Page  
7.0"\*4.5"

Half Page  
3.5"\*4.5"

Quarter Page  
3.5"\*2.25"

**Ad Requirements:**

- All text and images must fit inside the measurements.
- Files submitted must be a image file (Jpeg, TIFF, PNG, or GIF)
- Preferably image files will be a standard (150 dpi ) or high quality printing or commercial press (300 dpi)